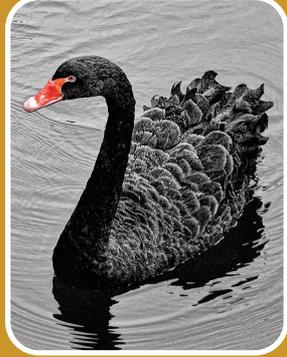




SWAN



SQUASH WA NEWSLETTER : JANUARY 2025

Editor's Pick - 2024 Best Cover - Teagan Scott in action

SWAN
SQUASH WA NEWSLETTER : FEBRUARY 2024

**Kings Park Australia Day Open Champions
Remi Young & Hannah Slyth**

SWAN
SQUASH WA NEWSLETTER : MAY 2024

WA JUNIORS ON SHOW AT AJO

2024 Australian Junior Open : Teagan Scott

Thank you : Rogue Gun Photography

SWAN
SQUASH WA NEWSLETTER : AUGUST 2024

**WA STATE JUNIOR ZONE
TEAM CHAMPIONSHIPS**

CONGRATULATIONS SOUTH ZONE

Alex Marsh, Ashton Clement, Daniel Marsh, Edward Baker, Ella Clarke, Eric Marsh, Jacob Curry, Jasper Tapley, Joey Scott, Josie James, Joyce Tsao, Kayla Clarke, Lucas Curry, Luke Scott, Miranda Clarke, Noah Tan, Stella Peake, Teagan Scott

SWAN
SQUASH WA NEWSLETTER : MARCH 2024

CORREN & HITCH CLAIM WCO

2024 West Coast Open Champions :
Mike Corren and Jo Hitch

SWAN
SQUASH WA NEWSLETTER : APRIL 2024

YOUNG GUNS RISE & SHINE

2024 South West Open Champions
Hannah Slyth and Arthur Law

SWAN
SQUASH WA NEWSLETTER : JUNE 2024

GERALDTON OPEN CHAMPS

Tim Cowell and Fiona Whoolley

SWAN
SQUASH WA NEWSLETTER : JULY 2024

WA OPEN INTERNATIONAL

Champions
Congratulations: Alex Haydon & Jacob Chen
Runners Up: Sarah Cordwell & Joseph White

SWAN
SQUASH WA NEWSLETTER : SEPTEMBER 2024

**Congratulations
WORLD
CHAMPION
SUE HILLIER**

2024 American WISE World Masters

SWAN
SQUASH WA NEWSLETTER : OCTOBER 2024

Congratulations ...

Ladies A Grade Winners : Combined Country

Country Week 2024

Men's A Grade Winners : Goldfields

SWAN
SQUASH WA NEWSLETTER : NOVEMBER 2024

Happy Halloween ...

SWAN
SQUASH WA NEWSLETTER : DECEMBER 2024

Our 2024 WA Closed Champions

Oscar Curtis
Hannah Slyth
Congratulations



Welcome

SQUASH WA
WEBSITE

Are you looking forward to what 2025 will bring?



*I know I am! Besides the regular events on offer, Squash WA will be hosting the Australian Masters Championships so this is a wonderful opportunity for WA squash players to excel on home soil. All I can say is - **start training NOW!***

Last month we introduced the Organising Committee so its now full steam ahead getting ready for one of the biggest events to hit WA!

*Over the next few months Squash WA will also be actively searching for sponsors to help support the running of the **WA Open International**. If you are a business owner or leader I strongly urge you to consider sponsoring this important event. Squash WA has sponsorship levels to suit all budgets.*

Exposure to community events is highly regarded. They can provide businesses with an opportunity to increase their visibility, showcase their products and services, and interact with potential customers in a more friendly environment.

*Finally, I just want to remind the WA squash community that the SWAN is always on the look out for new contributors, stories and ideas. Our desire is to always **PROMOTERECOGNISETHANK** : Promote (events), Recognise (players and their achievements) and Thank (contributors, sponsors and volunteers).*

So if you are in a position to contribute please step forward. If you are involved in running an event please make sure good (high resolution) photos are taken of the presentations, a short story is put together recognising the participants and winners AND you thank your sponsors and volunteers. Please also provide the best quality artwork you have received relative to your sponsor logos.

*To everyone who has contributed to the SWAN in 2024 ... **THANK YOU!** Your contribution is very much appreciated and valued highly by Serena and myself. We look forward to working with you in 2025.*

Squash WA : Administration



Leigh-Anne Kaye
General Manager



Serena Richardson
Engagement Officer



Roxy Edery
Administration



Caleb Leathard
Events Officer



David Ilich
State Squash
Centre Manager



Behind the Scenes

with Leigh Kaye

Welcome to 2025, I hope everyone had a safe, happy and healthy festive holiday break.

As we in the office stand at the start line of 2025, our hearts racing with excitement, hands clammy with nerves (feels like the warmup in a squash comp! 🤔), we are ready to take on the New Year!

As we indeed stand here (some of us potentially with an extra kilo or two after overindulging in food and drink), we reflect on how we made it to this point, and what it took to burst through that 2024 finish line.

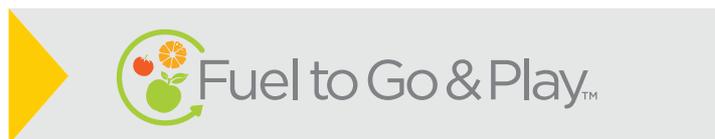
In my time as General Manager, we have spent the last couple of years building, improving, failing, learning and most importantly knowing where we want squash to go this year. We have built amazing relationships with people on Club Committees, as well as people that are not on committees that volunteer their time to help our sport move forward ...

So, with the backing and support of the squash community – here are our focal points for 2025:

- Focus on grass roots juniors to:
 - o Increase juniors in club programs.
 - o Increase awareness of squash to all children and young people.
 - o Increase involvement of the non-playing squash community (eg. for every junior that plays, we could see 1-2 additional adult players).
 - o Support clubs to start or maintain their junior program.
- Increase the number of accredited coaches and referees by:
 - o Cleaning up our sport.
 - o Offering apprentice pathways.
 - o Upskilling the community on the rules of squash.

The **Australian Masters Championships** is being held here in Perth in September, so if you'll be 35 or above by then, start training now!

We are expecting 400-600 participants from around Australia to travel to Perth to compete in the individuals and/or teams events, and we encourage everyone to enter and experience what will no doubt be an exciting and social event. There will be much more information coming out about the event in due course.





Behind the Scenes

with Leigh Kaye

Become a SPONSOR

We invite you to be part of the **2025 WA Open International!** A range of sponsorship levels with numerous benefits are available. Contact the office today for more information.

gm@squashwa.asn.au

See Page 12

We are looking for sponsors to assist and support Squash WA to hold another **WA Open PSA Challenger 6** (or higher) so we can bring some of the top world players to our shores again.

The WA Open was extremely successful in 2024, and we are keen to raise the bar and look forward to sponsors, volunteers and the likes for assistance.

Throughout the roll out of **Revo**, WA has led the charge. There is no doubt that my competitive edge has come out in this area, but being serious for a moment, I do still honestly believe that this platform will be good for our sport and want to thank you for giving it a go .

Any change is tough, and we all just want things to work the same as they did, but that would defeat the purpose of upgrading to a new system.

As of 1 January, all tournaments, pennants, league and events will be set up and run through Revo. Multiple 'how to' sessions will be offered for individual users to attend, as well as step by step 'how to' guides that can be downloaded from the Squash Australia and Squash WA website.

The new ranking system **SquashLevels**, also kicks in on 1 January. Due to the different algorithms it uses, rankings may be a little all over the place to begin with. In order to give it time to settle, all early 2025 pennant & league competitions, and possibly tournaments, will use a printed list of rankings taken from SportyHQ on 20 December.

A few recent wins with Revo:

- Pro-rata membership fees were applied on 21 December. A full year's membership is no longer payable when you register mid-way through the year. The new fees will take members through to 30 June 2025.
- When entering a tournament or pennant/league competition, the step of receiving an email to register from, has been removed to speed up and simplify the registration process.

Squash Australia is continually working with Revo to make improvements like this to make the use of Revo easier for you, the end user.

All of us in the office are looking forward to another great year, and working with you in 2025.





Behind the Scenes: Membership Stats

with Leigh Kaye

Financial Members per Club											
By Club	Total	Unpaid/ Digital	Support	Lifestyle		Local		Compete		Total	
				Adult	Junior	Adult	Junior	Adult	Junior	Adult	Junior
Mirrabooka	190	23	4	15	33	84	17	12	2	138	52
Eastern Goldfields	117	10	0	6	21	68	10	1	1	85	32
Cambridge	115	47	2	6	3	38	6	6	7	99	16
Esperance	103	3	0	10	1	83	1	4	1	100	3
Blue Gum	99	6	1	2	1	70	5	6	8	85	14
Mandurah	93	31	0	24	1	29	1	5	2	89	4
Belmont	78	14	1	8	2	40	2	4	7	67	11
Vic Park	73	7	0	12	3	38	5	5	3	62	11
Busselton	66	4	0	4	0	40	16	1	1	49	17
Geraldton	58	6	0	0	0	34	8	7	3	47	11
Bunbury	51	2	0	7	1	28	1	11	1	48	3
Marmion	50	4	1	4	3	17	9	6	6	32	18
Karratha	42	4	0	1	0	28	8	0	1	33	9
Narrogin	39	16	0	3	0	18	1	1	0	38	1
Broome	37	4	0	4	0	25	2	2	0	35	2
Leschenault	35	3	0	5	0	20	5	2	0	30	5
Dampier	28	4	0	3	1	20	0	0	0	27	1
Manjimup	26	2	0	2	0	21	0	1	0	26	0
Wickham	24	2	0	3	5	7	0	7	0	19	5
Katanning	19	9	0	2	0	6	0	2	0	19	0
No Club	14	7	0	0	0	4	0	3	0	14	0
Maddington-Gosnells	12	0	0	0	1	10	0	1	0	11	1
Kununurra	5	4	0	0	0	1	0	0	0	5	0
Moora	5	1	0	0	0	2	1	0	1	3	2
Wongan Hills	4	0	0	0	0	4	0	0	0	4	0
Tom Price	1	1	0	0	0	0	0	0	0	1	0
Totals	1,384	214	9	121	76	735	98	87	44	1,166	218

Total	1384	Metro	458	Country	926
Males	981	Metro	275	Country	706
Females	397	Metro	180	Country	217
Other	6	Other	3	Other	3



2025 TOURNAMENT CALENDAR

JANUARY

- 22-23 Summer Talent Camp** Belmont
- 24 Summer Futures Talent Clinic** Belmont
- 25-26 Australia Day Open Next Gen (Kings Park)

FEBRUARY

- 7-9 Red Hot Summer Teams Mirrabooka
- 14-16 West Coast Open S** The Squash Factory
- 15-16 Australian Doubles Open QLD
- 28-2/3 Esperance Open PSA-Sat B Esperance

MARCH

- 8 Marmion Junior Classic B Squash Factory
- 11-16 Australian Open TBC
- 21-23 South West Open S Bunbury

APRIL

- 13-17 Australian Junior Open P VIC
- 22 Autumn Futures Talent Clinic** Belmont
- 23-24 Autumn Talent Camp** Belmont

MAY

- 2-4 Geraldton Open B Geraldton
- 16-18 Broome Invitational Broome
- 17 Marmion Junior Teams Squash Factory
- 30-1/6 Golden Open PSA C-6 B Kalgoorlie

JUNE

- 5-8 WA Open Intl. PSA-C6** TBC
- 6-8 HEAD Junior Classic S** TBC
- 19-24 Aust. National Championships QLD
- 20-22 South West Masters Teams Busselton

JULY

- 5-6 WA State Jnr Individuals G** Belmont
- 7-8 WA State Jnr Zone Teams G** Belmont
- 10 Winter Futures Talent Clinic** Belmont
- 18-20 WA State 35+ Champs** Belmont

AUGUST

- 1-3 FeNaClNG Teams Dampier
- 13-14 Interschool Competition** Mirrabooka
- 22-24 Leschenault Classic Teams Leschenault

SEPTEMBER

- 3, 4, 8 Trans-Tas Masters Belmont/Mirrabooka
- 5-13 Aust. Masters Champs Mirrabooka
- 13-14 Cambridge Junior Teams Cambridge
- 19-20 Vic Park Open Vic Park
- 26-28 Country Week Teams** Mirrabooka
- 28-1/10 Aust. Junior Champs IND P TBC

OCTOBER

- 1-3 Aust. Junior Champs TEAMS P TBC
- 8 Teachers Games Mandurah
- 9 Spring Futures Talent Clinic** Belmont
- 24-26 Busselton Invitational Busselton
- 31-1/12 WA Closed S** Belmont

NOVEMBER

- 1 Stars Gala and Awards Night** TBC
- 14-16 Great South. Wheatbelt Teams Katanning
- 22-23 Squashathon** Mirrabooka
- 28-30 Cambridge Open PSA-3 -B Cambridge

DECEMBER

- 7 Belmont Junior Classic Belmont



Department of
Local Government, Sport
and Cultural Industries



WWW.SQUASHWA.ASN.AU

** Squash WA-run events | JUNIORS: Bronze Silver Gold Platinum

'Open' denotes an adult tournament which may or may not include Junior divisions

World Squash Day - Saturday 11 October 2025

v1.4 Dec 2024

Another 24 hours of non-stop squash and silliness took place at Squashworld Mirrabooka on Saturday 30 November. The first pair stepped on court moments before 2.00pm, and then everyone took turns at keeping a ball in play until 2.00pm on Sunday 1 December!

As the 43 registered juniors trickled in throughout the afternoon, they were asked to read and sign the [Squashathon Code of Conduct](#) to help set expectations about behaviour from the get-go. They were then presented with their shirt which most threw on immediately!



The Everest-sized mountain of beanbags in the club room was quickly decimated as the juniors dragged them off to courts along with their pillows and other belongings.

Bluetooth speakers blasted out of the corners of several courts as the kids set up their homes for the next 24 hours.

A game of volleyball quickly broke out on court 14, followed by cricket, and then soccer. Badminton was set up on court 2 and table tennis in the club room.



Home-made chicken and vegetable pasta bake was served up for dinner, between platters of fruit, crackers, veggies, dips and cheese that were sent out of the kitchen like a production line.

To tip the balance away from the healthy provisions, a number of juniors had made other plans via a chat group in the lead up to the event. Juniors were asked not to bring outside food, with the exception of a small bag of lollies to share. A few hours into the evening, ringleader Jono, followed by a small army of others, ever-so-politely asked for a large bowl from one of the kitchen volunteers. The juniors then proceeded to empty their bags of lollies into the bowl, introducing the horrified adult volunteers to what is known as a 'Candy Salad'. The monstrosity was shared around with everyone who only got a few items each in the end, so I was able to laugh it off (eventually)!

The largest tin of Milo known to man was destroyed before sunrise, so one of the volunteers dashed out to top up our supply, thus preventing a riot.

Thank You

THANK YOU SO MUCH to the volunteers that worked around the clock to make sure the kids were safe, fed, being included, and having fun: Michelle Jones, Daniel Richardson, Carolyn Temple, Luke Jamieson, Mark Foo, Ryan Eaton, and Josh Blakey. A team of eight is definitely the way to go! I'm pretty sure the adults had AS MUCH fun as the kids who provided round the clock entertainment with their eagerness to take every shift that was vacant and hilarious pranks and banter!

Shout to Ethan Evans from Mandurah who, despite being one of the youngest juniors there, filled in the most shifts around the clock! Shout out to Oscar Frank who, while the club room was full of sleeping juniors, in the early hours of Sunday morning, crept around tying shoelaces together, and placing discs from the giant Connect 4 on faces. He somehow even managed to remove Leonard Bruce's watch, and place it on Charlie Tear's wrist, without a single stir or twitch, despite Vera Bruce's (and my) hysterical laughing.

Through funds raised by participating juniors, sponsorship, and registration fees, we collectively made it over the \$2,000 mark! If anyone would like to contribute to this pool of funding, which is used for grassroots junior initiatives, then every cent is warmly welcome!

<https://asf.org.au/donate/squash-wa/junior-development-pathways>



HUGE THANKS also to our **TERRIFIC** sponsors who helped make the event happen:

The Racquet Shop
Squashworld Mirrabooka

DLGSCI
Healthway/Fuel to Go & Play

Little Brown Rabbit Photography
Memolub Australia

Brickstruct
Balmain Glass and Glazing

and Meredith Hammat MLA
Member for Mirrabooka.

Looking forward to the next Squashathon already!!

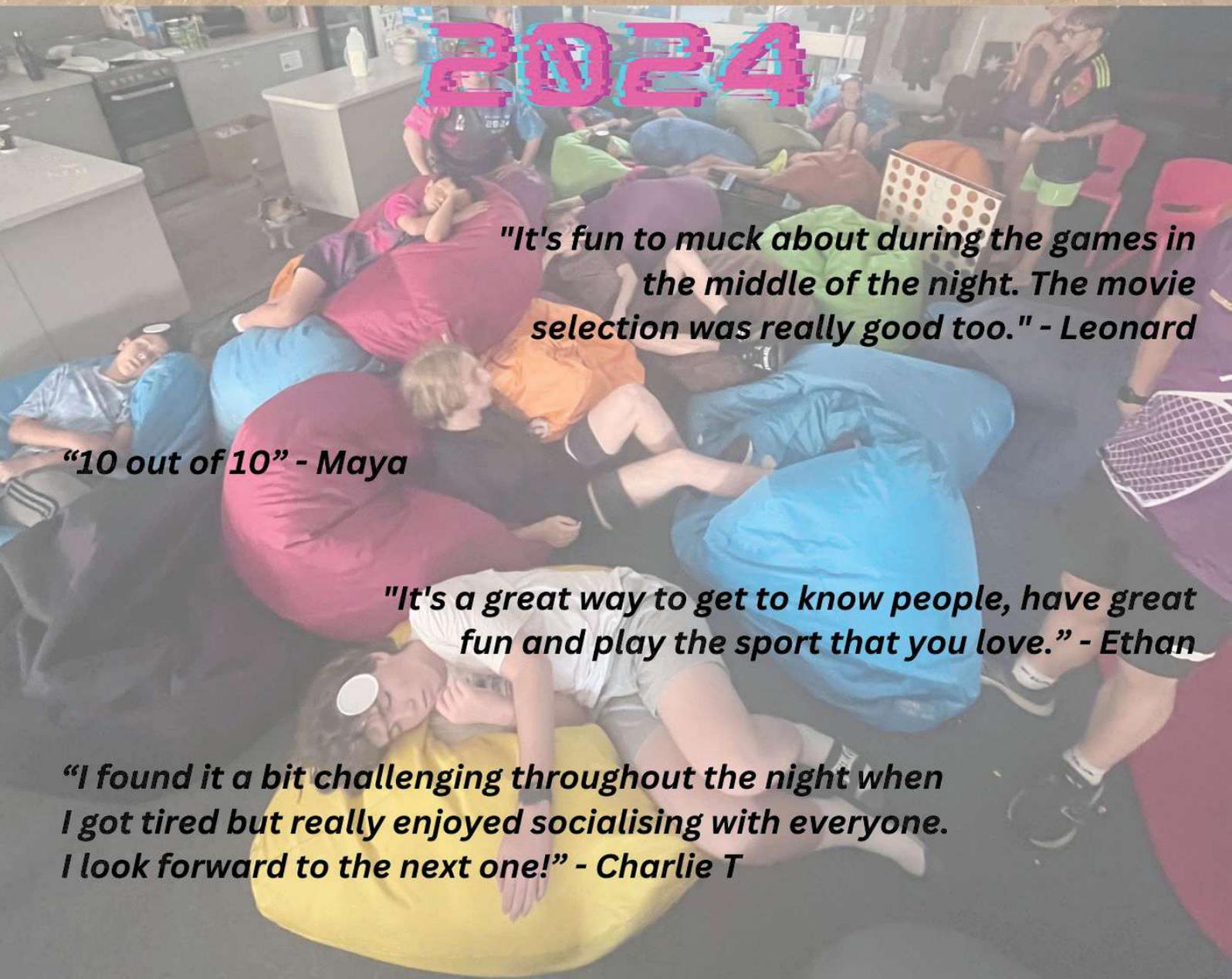
"It's great fun and I get to hang out with my friends. And the food is really good!" - Vera



"It's a great way to be calm and cozy and make a lot of friends by doing it." - Talia

SQUASHATHON

2024



"It's fun to muck about during the games in the middle of the night. The movie selection was really good too." - Leonard

"10 out of 10" - Maya

"It's a great way to get to know people, have great fun and play the sport that you love." - Ethan

"I found it a bit challenging throughout the night when I got tired but really enjoyed socialising with everyone. I look forward to the next one!" - Charlie T

SCHOOL PROGRAMS

SQUASH WA



Incursions and excursions to suit YOUR school's needs.

TAKING BOOKINGS FOR 2025 NOW!

Squash WA offers three programs for different age groups. Your students will receive a great introduction to the healthiest sport in the world, and one that offers MUCH for young people – it's SUNSAFE, easy to learn, assists with the development of co-ordination and most of all, is a lot of FUN. 😎

SCAN TO LEARN MORE!



- ✓ Inflation Mini Squash (PP-Y6)
- ✓ Squash Stars (PP-Y6)
- ✓ Just Squash It (Y7-Y12)



✉ development@squashwa.asn.au

🌐 www.squashwa.asn.au/for-schools/

📍 144 Robinson Avenue, Belmont WA 6104

☎ 0434 785 555



Your invitation to become a Sponsor

2025 WA Open International

Promote your brand by supporting squash ... the world's healthiest sport!

Become a SPONSOR

We invite you to be part of the 2025 WA Open International! A range of sponsorship levels with numerous benefits are available. Contact the office today for more information.

gm@squashwa.asn.au



SPONSOR SPOTLIGHT
WARTHOG WORKSHOP WASHERS
www.warthogwashers.com.au OR email ed@hwa.com.au

Thanks Mike Gooder!

I have owned an engineering workshop for most of my adult life and during that time it became obvious there was a need for an innovative, effective and environmentally friendly way to clean workshop parts.

Previous to Warthog, the only option for automatic parts washers had been a caustic water-based hot wash. These are expensive to run and need constant servicing, particularly under a heavy workload. Using a water based also means fine particles in the solution can dry on the parts, which requires the use of rust inhibitors. When cleaning internal parts, often every hot wash is degreaser is also necessary.

It became clear that a hot wash not only resulted in higher energy bills but also created its own set of inefficient processes too. Hence the beginning of the development of the Warthog Parts Washers.

I designed and built the Warthog Parts Washer to eliminate these issues. Being a cold wash it's inexpensive and safe to operate, and using a degreaser at the cleaning agent leaves your parts clean and ready to use after one wash only. Even with a heavy workload, servicing is significantly reduced with Warthog, compared to a water-based hot wash.

In addition to designing and building an effective parts washer, it was also equally important for me to keep running costs to a minimum while still being eco-friendly. This meant a 10-litre purpose degreaser needed to be created - and with that in mind I formulated Enoxonite.

I designed and built my own diluter so that all used degreaser collected from workshops when servicing would be treated, reused and recycled. This process has meant a cheaper degreaser for the client and an environmentally sound product on any waste generated from the diluting process is collected and recycled.

Testimonials:

"We use two Warthog Washers, 2200 and 600 in our workshop. The washer is easy to use and has sped up the turnaround time on the dirty jobs. They are reliable and are made in Australia."
Ivan Collier, Director, Cullin Mechanical Services, Victoria

"We have three workshops in our business and they all have a Warthog 600. The parts washer is a ripper and works well cleaning everything. We save money as the machine is automated and my staff can work on something else while the parts are being cleaned. The machine is a low cost option compared to other products on the market."
Adam McGrath, Service Manager, Mowers Galore

SPONSOR SPOTLIGHT
HAWTHORN CIVIL & MINING SERVICES

Hawthorn

A wonderful supporter of Squash in Western Australia
Major Sponsor: 2024 WA Open International

Missie Wendy, Director Hawthorn Civil and Mining Services

Thank you!

As a business, we have a large fleet of heavy machinery and equipment. We have a large fleet of heavy machinery and equipment. We have a large fleet of heavy machinery and equipment.

As a business, we have a large fleet of heavy machinery and equipment. We have a large fleet of heavy machinery and equipment. We have a large fleet of heavy machinery and equipment.

As a business, we have a large fleet of heavy machinery and equipment. We have a large fleet of heavy machinery and equipment. We have a large fleet of heavy machinery and equipment.

SPONSOR SPOTLIGHT
LITTLE BROWN RABBIT

If you have the opportunity ... please support our sponsors in the spotlight! They support our sport in so many ways.

Little Brown Rabbit Photography started in 2015, shortly after owner Michelle's daughter Eleanor turned one.

Michelle's work and business is constantly evolving to keep up with safety regulations, new techniques, etc. but with the same core principles at heart; classic imagery, a heartfelt welcome and authentic service.

Michelle has a natural ability to make clients feel like they're old friends, and make suburban toddlers love her. She photographs connection and emotion. Michelle's main clients are pregnant mums and their families, newborn babies, older babies and families, but loves to include pets in all her photoshoots.

Michelle's ideal client is someone who desires classic, timeless, heart-inspired art of their family. The experience should be fun and relaxing, and Michelle goes out of her way to make sure it is.

Next time you want some simply MAGICAL photos taken of your loved ones, throw your business Michelle's way and support one of our awesome supporters of squash!

Website: www.littlebrownrabbit.com.au
Facebook | Instagram | WhatsApp
Text: 0451 992 636

SPONSOR SPOTLIGHT

THANK YOU

Richard Grain (affectionately known as Grainy), started Brickstruct in 2017. Brickstruct is a provider of all aspects of bricklaying services, specialising in feature work. Anyone who knows Grainy will vouch that he is an exceptional craftsman with a sharp attention to detail. So next time you need some beautiful bricks completed, please throw your business his way and support one of our awesome supporters of squash!

E.brickstruct@gmail.com M: 0434 302 876

BRICK STRUCT

Patrick Deposition (affectionately known as Paddy), started Balmain Glass Balmain Glass out of his back in 1992. Balmain Glass can do anything! All your glass needs including installation and repairs of windows, doors, shower screens, mirrors and more. The team at Balmain are also available after hours for emergency repairs. So next time you need some glass installed or repaired for your home or business, please throw your business Paddy's way and support one of our awesome supporters of squash!

E.balmainglass@hotmail.com M: 0419 843 028

Thank you once again to our wonderful sponsors of the 2024 WA Open International





2024 WA SportWest Awards

12

Squash celebrates 3 finalists

Award Finalist

Daniel Marsh

With a long history as Western Australia's most prestigious sports awards, and Dean Williams and Barbara Wall as Hall of Famers, the Sportwest awards celebrate the achievements of all the wonderful people of all sporting communities across Western Australia.

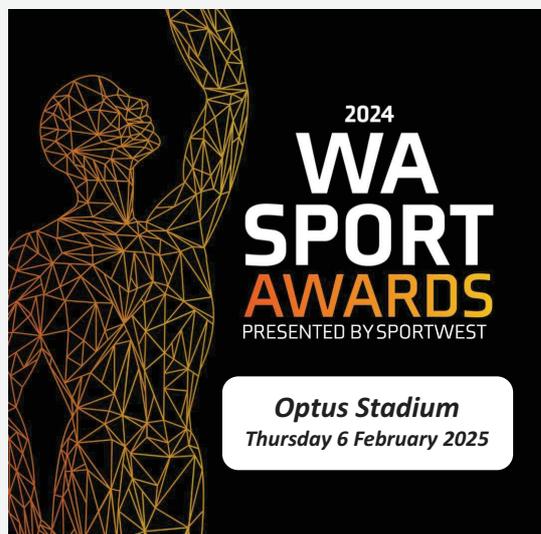
Finalists for the 2024 WA Sport Awards have been confirmed, with Olympic medallists, community clubs and a host of volunteers set to be honoured when awards are presented on **Thursday 6 February 2025** at Optus Stadium.



After taking out the Squash WA Junior Player of the Year award at November's Stars Gala, we were notified on 19 December that **Daniel Marsh** is a FINALIST for the 2024 WA Junior Sports Star of the Year! Then on 20 December, we were notified that **Squash WA** is an Organisation of the Year finalist, and our **school programs 'free squash' initiative** is a Sport Initiative of the Year finalist!

Out of 11 award categories, SQUASH is a finalist in 3 of them which is a feat never before achieved. We are truly putting squash BACK ON THE MAP!

[Visit the SportWest website](#) to see the finalists for all awards. You can also purchase tickets via this link.



Rebel Junior Sports Star

Daniel Marsh (Squash), Iona Anderson (Swimming), Mahli Beardman (Cricket), Mia Kretzer (Skateboarding), Spencer Harrison (Golf), Taylah Preston (Tennis)

Hyundai Sport Initiative of the Year

LGBTQIA+ Allyship in Sport Program (UWA Sport), **School Programs Free Squash Initiative (Squash WA)**, Sensory Convergence Container (WA All Abilities Football Association)

Organisation of the Year

Football West (Football), Rugby WA (Rugby Union), **Squash WA (Squash)**

SPORTWEST AWARDS



2024 WA SportWest Awards

13

School Programs Free Squash

Award Finalist

Sport Initiative

Each year, more than 10,000 primary and secondary students are introduced to squash through our Inflatable Mini Squash (PP-6) and Just Squash It (7-12) programs.

Late in 2023, the team in the Squash WA office were pondering over how effective these programs were in converting the number of children and young people exposed to squash, into how many actually turn up at a centre to hire a court, or try out a junior program.

A concept was developed where the coaches delivering these programs at schools and in centres, were asked to hand out an A6 sized flyer, thanking the young person for participating in one of our programs, and offering them 'free squash'. All they had to do was scan the QR code on the flyers which took them to the Squash WA website, and answer three simple questions based on healthy food and drink choices. This also aligned with the healthy messages we are committed to deliver which forms part of our funding agreement with Healthway's Fuel to Go & Play campaign, and something our workforce are passionate about.

When the children answered the questions, they were also asked for some basic contact information including what suburb they live in. Office staff then sent them an email containing information about their closest participating centre; court hire rates, junior program details, and contact details. They could then contact the centre/club directly to redeem three 30 minute sessions of off-peak court hire, or two term-time junior program sessions.

We created a password-protected spreadsheet and made it accessible to centres to record visits that occurred as a result of our 'free squash' emails. We also developed a detailed 'how to' guide for centre staff to refer to when approached by a child or their parent, wanting to redeem their 'free squash' offer. We then received feedback from our coaches and schools, that the flyers weren't making it home at times. Students would make paper aeroplanes out of them, doodle on the back of them, or leave them in their school bags to eventually smell like peanut butter or polony.

Squash WA staff again put their heads together to further innovate this initiative by changing from flyers to tear-proof, water-proof wristbands, featuring Healthway, Fuel to Go & Play and Squash WA logos, as well as that very same QR code, to redeem their free court hire or junior program sessions.



This development has worked exceptionally well and has been of great benefit to junior squash programs across Perth. Clubs who were seeing less than 20 children each week are now bursting at the seams with numbers in the 40s. Children are bringing their parents and friends along to give squash a go, and beaming about how much fun they had when one of our coaches brought blow-up courts into their school! Our team of school program coaches have a phenomenal gift of engaging with children of all ages and backgrounds and we treasure them for bringing those gifts into our organisation.

To date, almost 400 children have scanned their QR code, entered their information, and been connected with their local squash club.



2024 WA Annual Awards

14

Referee of the Year

Congratulations

Luke Jamieson

Luke has demonstrated a genuine desire to grow squash in WA at club and association level. His extensive experience and expertise is shared with anyone interested, at any opportunity, and for no personal gain.

He has worked towards building up a legacy of future officials and tournament directors, demonstrating a long-term vision and passion for squash into the future.

Every time he has been asked to run an officiating education session, Luke has jumped at the opportunity with excitement and positivity. Luke supports and educates people at Club level during in house competitions and tournaments, to be the best referee they can be. He answers questions, explains rules/ decisions, and supervises those who ask for support during a match.

Luke has trained up a number of volunteers in the roles of Tournament Referee and Tournament Director, including juniors Josie Jones and Lockie Jamieson, who were both confident enough to run the 2024 State Masters Championships.

Luke has worked closely with apprentice Referees to help them become accredited. He has delivered Officiating Education sessions in Kalgoorlie and Geraldton, as well as working with small groups of people to progress through Level 0 accreditation at Mirrabooka, Belmont and Marmion.

Luke volunteers at the Mirrabooka junior program, running an 'Officiating' court where he educates our youngest juniors on how to mark, as well as creating fun, engaging experiences on what Lets, No Lets and Strokes are, and how to identify these calls. Luke also attends Squashathon and other junior events each year to facilitate discussions with juniors around officiating, including answering questions and encouraging them to become involved.

Luke is a 'go-to' person in the squash community for everything tournament or officiating related. He is approachable, friendly and encouraging, and is a fair Referee who is invited back year after year to be a Referee at the Australian Junior Championships.





Postcards from Egypt

thanks Remi Young

Had an amazing time over the past week in Egypt. training super hard and enjoying some great company Really enjoyed experiencing a different culture and seeing so many people keen on squash!

Thanks to Omar Abdel Meguid for organising the whole trip and along with Rich coaching me over the past month in Amsterdam.

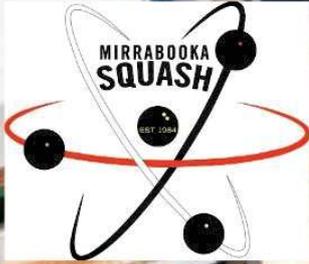
Keen to use what I've learnt from this trip in the upcoming Abu Dhabi Rackets Club Open 2024 PSA 15k - my highest level tournament to date! One last push for 2024!

Remi



**next
gen** HEALTH & LIFESTYLE CLUBS

Aussie Day Open in Kings Park



It's time for another unforgettable tournament set in the beautiful grounds of Kings Park at Next Generation. Hosted by Mirrabooka Squash Club, Next Generation is offering Fri - Mon 4 days with full use of the incredible facilities in prestigious Kings Park, including your tournament registration for the outstanding value of \$50 per player



24TH 25TH 26TH

JANUARY 2025

**OPEN, MASTERS, JUNIORS,
MENS, WOMENS**

Reunion & Tournament Dinner

Join us Saturday night for the Historical Kings Park Reunion and Tournament Dinner, with Stitch In Time and squash joining forces to promote mental health awareness.



**BRING THE
FAMILY WITH
YOU !!! PAY ONLY
\$30 FOR THE LONG
WEEKEND**



OTHER HIGHLIGHTS

- Simple, relaxed family fun
- Presentations Rooftop bar & Pool Party
- Sky Show Chaperone



The Racquet Shop
racquetshop.com.au



FINNERTY MANN STEPHAN
FINANCIAL PLANNING



**BOLLAND
& ASSOCIATES**
Chartered Accountant



Harbinger Mortgage & Finance

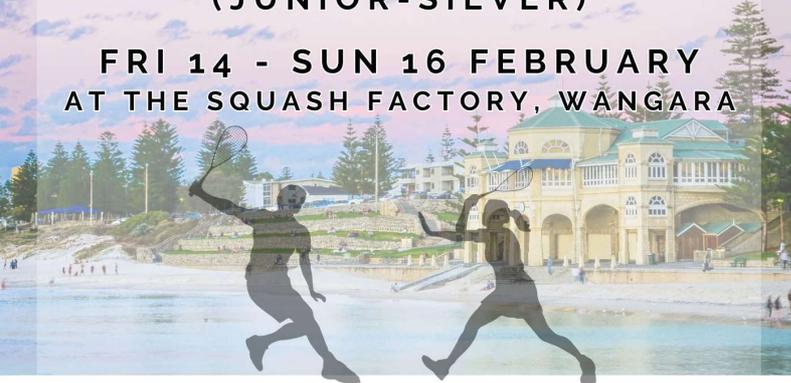


— 2025 —

WEST COAST OPEN

AND NEW YEAR'S BASH (JUNIOR-SILVER)

FRI 14 - SUN 16 FEBRUARY
AT THE SQUASH FACTORY, WANGARA



SAVE THE DATE AUSTRALIAN MASTERS SQUASH CHAMPIONSHIPS PERTH

SQUASHWORLD MIRRABOOKA
SEPTEMBER 5TH - 13TH **2025**

TRANS TASMAN TEST SERIES
3rd, 4th & 8th

INDIVIDUALS
5th-7th

TEAMS
9th -13th

HOSTED BY



ESPERANCE SQUASH CLUB PRESENTS...

ESPERANCE OPEN '25

SQUASH TOURNAMENT

28th February -
2nd March



ENTRY REGISTRATIONS
OPEN IN JANUARY

Contact the
Esperance Visitor
Centre for any
accommodation
queries



Please keep in mind that matches
will be scheduled and commence
from 5pm on Friday.

www.visitesperance.com/stay



TEACHER'S GAMES

6-8 OCTOBER
MULTI-SPORT EVENT

THE PERFECT OPPORTUNITY FOR
A SCHOOL HOLIDAY GETAWAY
IN BEAUTIFUL MANDURAH!

- ✓ PROFESSIONAL DEVELOPMENT
- ✓ HEALTH AND WELLBEING ACTIVITY

SQUASH COMPETITION ON 8 OCTOBER
SAVE THE DATE
WELCOME FUNCTION TUESDAY 6 OCTOBER



- TEACHERS
- ADMINISTRATORS
- GARDENERS
- CLEANERS
- EDUCATION ASSISTANTS
- CHAPLAINS
- NURSES
- RETIRES

- FULL-TIME
- PART-TIME
- CASUAL
- RELIEF





Coaches Corner: Planning for a Big Year

18

with Tim Cowell

Happy New Year to everyone. 2025 shapes up to be a big one on the calendar! Everyone normally starts the year with their New Year's resolutions, so let's see how we can help your 2025 squash goal resolutions!

Planning has been spoken about in this piece from time to time. To quote the great Col. John 'Hannibal' Smith, "I love it when a plan comes together."

There are plenty of large-scale events popping up on the calendar and if trying to perform well, getting your training preparation right leading up to it, is critical. This year we have the [Australian Masters Squash Championships](#) in Perth, we also have our regional classics in Esperance, Kalgoorlie, FeNaCLING in Dampier, and Country Week is always massive! The Juniors will be looking forward to the State Junior Champs, AJO, AJC, plus all the other events on offer. There aren't many weekends left where there isn't something on, so that does make planning important on a number of fronts:

- Budget – we would love to play everything, but that might not be the case, so know what you need to keep aside for the tournaments you intend to play.
- Burnout – squash can be all consuming (my life in a nutshell).
- Fitness – doing the wrong fitness type of work can leave your body fatigued and/or increase chances of injury. But so does not doing enough fitness work, so don't go into events underdone, it's a recipe for disaster.
- Skills – these need adequate time to master/improve or to change bad habits.
- Match play – it's why we play the game after all!

Fitness, skills and match play have a sliding scale as to what the priority will be at that time.

I'll use the Australian Masters as an example. Perth is hosting the event this year so naturally we expect to see a lot of local representation from those who wouldn't normally fly over east to play in it. A number of juniors in the Talent Squad and State Team programs are somewhat used to the long term training programs, but adults playing a couple of times per week may not be if they see this as a significant goal.

Fitness should now be more general, building your base. It doesn't have to be heavy but there will come a time where the heavier efforts are required as you train the different energy systems. If you search for '[Zone 2 Training](#)' there is plenty of literature on this as far as building a nice base of fitness to support a stronger VO2 max (ie. how hard and long you can potentially work at max heart rate), something squash players can go very close to in matches!

Conditioning will have to support this - making sure the right muscles are strong and flexible enough to prevent injuries happening along the way. As you get closer to the event, the scales slide and the higher intensity workouts increase. But about a month out they stop all together as you need to allow your body time to recover.





Coaches Corner: Planning for a Big Year

with Tim Cowell

Skills priority right now would be more block style of training. Improving the various shots you feel are weak points, or working on your back corners as an example. As you get closer to your main competitions then these will need to open up to more game 'chaos' situations to make sure you are reading the ball well and making good decisions.

Nine months of closed drill boast and drive won't quite cut it! Over the year it is also a great chance to keep working on your game plan and adding to the different types of tactics to try out. Again, it's a major national tournament that should bring with it a larger variety of opponents, so you might need to play a slightly different style compared to the local players you are more familiar with.



Match play is always important. But prioritising match play over skills in January possibly isn't a good option if the skills are still lacking and need some polishing. Waiting until a month out from a large event is potentially too late especially if bad technical habits are the culprit of the problem.

If you are looking to set some big goals for the year ahead, then getting in contact with a coach is a big step in the right direction. There are plenty of us out there who can help to work on a plan to get you playing your best when it matters most!

Hey kids ...

Do you want to make new friends, have lots of fun, and get fit?

Then joining a *Junior Squash League* today is the answer!



JUNIOR LEAGUE



2 MATCHES PER ROUND
PART11, BEST OF 5 GAMES
SUNDAYS FROM 9.30AM TO 12.00PM
ONLY \$44 PER PLAYER (INC. COURT HIRE)

TERM 1 2025

23 FEB MIRRABOOKA
9 MAR CAMBRIDGE
16 MAR BRENTWOOD
30 MAR MARMION
6 APR BELMONT

SCAN THE QR CODE OR EMAIL
DEVELOPMENT@SQUASHWA.ASN.AU
FOR MORE INFO.



Make friends, have fun, get fit, with **SQUASH!**



Refereeing - Let's Play Fair

20

with Neil Butler

Codes of Conduct

As a Referees we have to sign a Code of Behaviour which binds us to certain obligations to ensure that we are seen to be providing a fair and reasonable outcome to a match.

A few of these obligations are:

- *Should be a positive role model in personal appearance.*
- *Should arrive at least 30 minutes prior to a session and be prompt for all assigned matches.*
- *Must not drink alcohol within 8 hours before any match on the day you are to officiate.*
- *Must not officiate in any match in which the referee has a relationship with one of the players which might be considered a conflict of interest so as to cast doubt on the referee's impartiality.*
- *Must accept full responsibility for all actions taken.*
- *And so the list goes on.*



Coaches sign a similar Code of Behaviour along the same lines.

Administrators and Players agree to comply with the Constitution, Rules of the Association and Rules of the Game when they are elected or appointed to positions on the Board or Committees or in the case of players when they register with Squash WA.

In these instances, it is a matter of 'ticking' the box which says "I agree to the Terms and Conditions etc" just like when you buy something online. How many of us actually read the 10 pages of fine print before we sign?

Two important groups within the squash community do not have to sign a Code of Behaviour (unless they are involved in being a Referee, Coach or Administrator) are Parents and Spectators. It is important that both groups have a responsibility to act and behave in the same manner as those who signed a document agreeing to a Code of Behaviour.

The guidelines for these groups are as follows:

Spectators

- *Remember that people participate in sport for their enjoyment and benefit, not yours.*
- *Applaud good performance and efforts from all individuals. Congratulate all participants on their performance regardless of the game's outcome.*
- *Respect the decisions of officials and teach young people to do the same.*
- *Never ridicule or scold a young player for making a mistake. Positive comments are motivational.*
- *Condemn the use of violence in any form, whether it is by spectators, coaches, officials or players.*
- *Show respect for your player's opponents. Without them there would be no game.*
- *Encourage players to follow the rules and the officials' decisions.*
- *Be clean, never fix an event.*
- *Do not use foul language, sledge or harass players, coaches or officials.*
- *Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion*





Refereeing - Let's Play Fair

with Neil Butler

Codes of Conduct

Parents

- Remember that children participate in sport for their enjoyment.
- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance rather than winning or losing.
- Encourage children always to play according to the rules and settle disagreements without resorting to hostility or violence.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Remember that children learn by best example. Appreciate good performances and skilful plays by all participants.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect officials' decisions and teach children to do likewise.
- Be clean, never fix an event.
- Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.



Those who cannot remember the past are condemned to repeat it.

George Santayana



We are having a rest this month but would like you to send in any questions you would like answered. We will then publish the question and answer in future editions.



JUNIOR DEVELOPMENT PATHWAY



**Squash WA
State Team**



**Squash WA
Pathway Programs**

Youth > Talent > Performance

Events

- Tournament Tours
- School holiday camps and clinics
- Squashathon

Competition

- Junior Pennants/League
- Senior Pennants/League
- Tournaments
- National
- International

..or just for fun!

**Inter-club
Zone Squads**



**Club
Development
Squads**



**Club Junior
Programs**



Open Days



School Programs



Department of
Local Government, Sport
and Cultural Industries



U11 Boys

Leonard Bruce
Jasper Tapley
Felix Giuffre
Richard Koh
Hugo King

U11 Girls

Michaela Sanyangore
Miranda Clarke
Freya Shah
Eleanor Jones
Joyce Tsao

U11 Boys

1 Bodhi Wratten
2 Nathan Lin
3 Leonard Bruce
4 Joshua Gailer Castellanos
5 Freddie Goldsmith

U11 Girls

Abbey Boswell
Samiya Sanghera
Preesha Dev
Ruisha Chu
Aime Lacquiere

U13 Boys

Lucas Curry
Leo Van Straaten
Ethan Shaha
William Mennell
Noah Tan

U13 Girls

Teagan Scott
Ella Clarke
Olivia Lynch
Lucy Mackenzie
Lillian Gallemore

U13 Boys

1 Benjamin Boardman
2 James Sanders
3 Aleister Loo
4 Naveen Sanghera
5 Kai Dumbleton

U13 Girls

Timonaliz Alarcos Kriebisch
Cleo Poulava
Gizele Josifoski
Riyo Kawabata
Matilda Lynn

U15 Boys

Alexander Marsh
Jacob Curry
Domenic Christou
Kai Starcevich
Frederik de Bruin

U15 Girls

Ruby Foo
Joey Scott
Kayla Clarke
Amalie Jacobs
Ivanka Lu

U15 Boys

1 Henry Kross
2 Kanishk Doddam Reddy
3 James Boswell
4 Kaveen Kohombange
5 Max Jones

U15 Girls

Tina Ma
Emilia Scott
Olivia van Zon
Nadia van Zon
Claudi Burger

U17 Boys

Andreas Christou
Aiden Finlay-Mulligan
Luke Jamieson Jr
Eric Marsh
Ashton Clement

U17 Girls

Jessica Jellis
Holly Carver
Jamie Nunn
Holly Bourn

U17 Boys

1 Connor Haberecht
2 Kasper Cheung
3 Stanley Chung
4 Ethan Middleton
5 Manaia Kara-Brown

U17 Girls

Sarbani Maitra
Jade Reynolds
Eden-Alma Poulava
Amelia Brigden
Maeghan Wang

U19 Boys

Daniel Marsh
Alvaro Blackall
Waldo Vorster
Jonathan Groenewald
Lee Stone

U19 Girls

Hannah Slyth
Isla Harris
Josie Jones
Sydney Ennis
Evie Clark

U19 Boys

1 Thomas Scott
2 Daniel Marsh
3 Jackson Wylie
4 Jack Hansen
5 Haider Naqvi

U19 Girls

Joanne Joseph
Katlyn Hall
Isla Harris
Hannah Slyth
Dakshyani Muniandy



Senior Rankings

As at 31 December 2024



BEL	Belmont
BG	Blue Gum
BRO	Broome
CAM	Cambridge
DAM	Dampier
EG	Eastern Goldfields
ESP	Esperance
HIL	Hilton
MG	Maddington-Gosnells
MAN	Mandurah
MAR	Marmion
MIR	Mirrabeeka
MOO	Moora
NAR	Narrogin
WIC	Wickham
VP	Vic Park

ACT	SA
NSW	TAS
NT	VIC
QLD	WA

Open Men

Oscar Curtis	MIR
Tim Cowell	CAM
Daniel Marsh	BEL
Remi Young	MIR
Jason Patmore	BG
David Ilich	VP
Aedan Martin	CAM
Dylan Classen	MIR
Heddwyn Brahma	BG
Francois Vorster	MAN

Open Women

Erin Classen	MIR
Pascale Louka	CAM
Sue Hillier	VP
Jo Hitch	VP
Hannah Slyth	BG
Emily Savic	MAR
Clare Slyth	BG
Hayley Chiu	CAM
Fiona Whooley	MIR
Isla Harris	MOO

Open Men

Rex Hedrick
Brian Byrne
Bryan Lim
Aaron Frankcomb
Connor Hayes
Jean-Pierre Brits
Rhys Dowling
Dylan Molinaro
Nicholas Calvert
Cameron Darton

State U23 Men

Oscar Curtis	MIR
Daniel Marsh	BEL
Remi Young	MIR
Aedan Martin	CAM
Dylan Classen	MIR
Eric Gray	CAM
Cooper Kennedy	BEL
Andreas Christou	VP
Preston Munro	DAM
Aiden Finlay-Mulligan	ESP

State U23 Women

Erin Classen	MIR
Pascale Louka	CAM
Hannah Slyth	BG
Isla Harris	MOO
Michaela Pratt	BG
Caitlin Pratt	NAR
Josie Jones	BG
Sydney Ennis	MAR
Georgia Gould	CAM
Isla McMullen	MAN

Open Women

Jess Turnbull
Madison Lyon
Sarah Cardwell
Urwashi Joshi
Erin Classen
Amelia Martin
Adele On Ying Fung
Karen Blom
Jennifer Condie
Sophie Fadaely

30 December 2024



WORLD RANKINGS

TM: This Month
HWR: Highest World Ranking

No WA Players are currently ranked on the PSA World Rankings



Major Sponsor Recognition

Our Vital Partners ... Thank You



Department of
**Local Government, Sport
and Cultural Industries**





2024 Junior State Team Major Sponsor

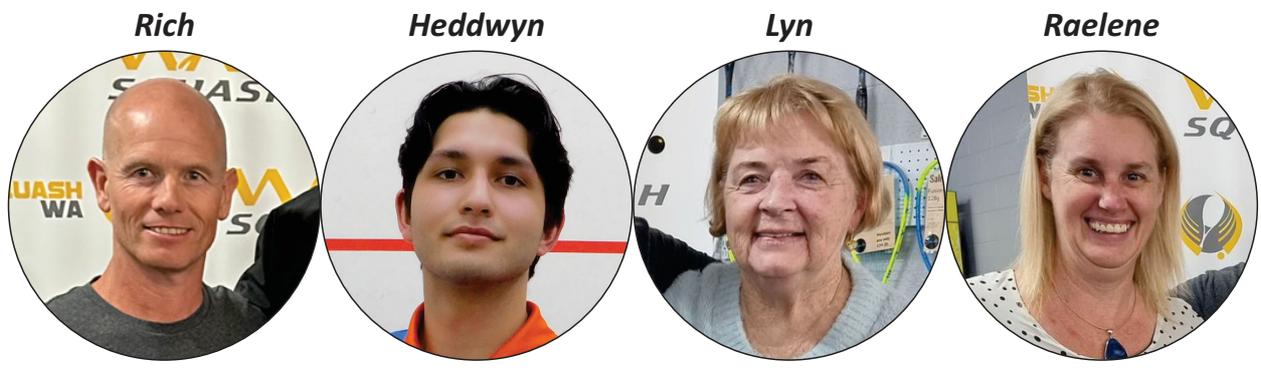
the
sink

WAREHOUSE

BATHROOM · KITCHEN · LAUNDRY

MORE THAN JUST

THE KITCHEN SINK



Pennant / League Committee				
Chair:	Rich Grain	<i>richard.grain@gmail.com</i>		<i>0404 302 976</i>
State Grade:	Heddwyn Brahma	<i>heddwynbrahma@gmail.com</i>		<i>0466 546 545</i>
Member:	Lyn Chandler	<i>lynchandler123@gmail.com</i>		<i>0400 766 521</i>
Member:	Raelene Marriott	<i>marriott_family@outlook.com</i>		<i>0407 422 639</i>
Sub Committee: Monday Night League				
Chair:	Lyn Chandler	<i>lynchandler123@gmail.com</i>		<i>0400 766 521</i>
Member:	Raelene Marriott	Member:	Quita Cass	
Member:	Chantelle Garrett	Member:	Julie Scott	
Member:	Jacque Cox			
Sub Committee: Wednesday Day League				
Chair:	Lyn Chandler	<i>lynchandler123@gmail.com</i>		<i>0400 766 521</i>
Member:	Russell Chandler	Member:	Jacque Cox	
Member:	Raelene Marriott	Member:	Chantelle Garrett	
Member:	Quita Cass	Member:	Dave Lawford	

Looking to play squash more often?

League & Pennant Competitions

7pm or 7:30pm start time, 3x 12-14 week seasons per year, home and away style, mixed or ladies competitions available, beginners welcome!

The current options are: **MONDAY Nights**; **TUESDAY Nights** and **WEDNESDAY Day**.

Can't play every week? Got holidays planned? A FIFO worker? No problem! Just let us know what dates you can't make and we'll work around it..

We are always in need of reserves, so you don't have to wait for the next season to start playing.

<https://squashwa.asn.au/pennants-leagues/>

Scan here to find out more



The Squash WA Board



Squash WA Board			
Website:	https://squashwa.asn.au/board/		
President:	Ryan Callegari	ryan@hillzeez.com.au	0420 947 425
Vice President:	Katy Scott	michaelscott1@westnet.com.au	0438 804 511
Treasurer:	Rick Elkington	ricke@iinet.net.au	0417 985 300
Secretary:	Yvette Clement	yvettec08squash@gmail.com	0424 410 391
Board Member:	Glenn Hitch	glennhitch@switchconcepts.com.au	0447 674 161
Board Member:	Michaela Pratt	michaela.r.pratt@gmail.com	0431 984 181
Board Member:	Richard Grain	richard.grain@gmail.com	0404 302 976
Board Member:	Kim Duffey	kduffey@hotmail.com	
Squash WA Administration			
Website:	https://squashwa.asn.au/		
Office:	144 Robinson Ave, Belmont WA 6061		
General Manager:	Leigh Kaye	gm@squashwa.asn.au	0411 883 320
Engagement:	Serena Richardson	engagement@squashwa.asn.au	0406 007 142
Admin Support:	Roxy Edery	adminsupport@squashwa.asn.au	0434 785 555
Events Officer:	Caleb Leathard	events@squashwa.asn.au	0434 785 555
Accounts:		accounts@squashwa.asn.au	0434 785 555
State Centre Manager	David Ilich	centremanager@squashwa.asn.au	0468 421 524
Country Steering Committee			
Chair:	Jamie Herring	hezza2707@gmail.com	0409 539 561
Member:	Deb Hoffrichter		
Member:	Jeremy Church		
Member:	Diego Hernandez		
Member:	Dani Mayors		
Member:	Mathew Church		
35+ Masters Committee			
Chair:	Glenn Hitch	glennhitch@switchconcepts.com.au	0447 674 161
Vice Chair:	Steve Jones		0422 459 771
Secretary:	Lincoln North		0448 141 006
Treasurer:	Andre Blignaut		0405 717 245
Member:	Michelle Hodge		0447 544 200
Member:	Paul Campbell		0452 236 527
Member:	Luke Jamieson		0430 440 930